



**INSTITUTE OF INTEGRATED MEDICAL SCIENCES
(GOVERNMENT MEDICAL COLLEGE, PALAKKAD)**

EAST YAKKARA, KUNNATHURMEDU P.O., PALAKKAD, KERALA 678 013

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NOTICE

14/09/2026

Ref:

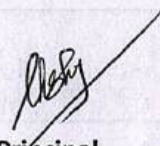
1. NEET UG Schedule 2026 published by Medical Counselling Committee
2. Circular from KUHS No. KUHS-ACAD/ 1/2026-Med B1 dated 05/09/2026

In accordance with the references cited above, the academic session for the MBBS course for the academic year 2026-27 at Government Medical College, Palakkad, is commencing on **15/09/2026**.

The foundation course for the students will be conducted from **15/09/2026** to **29/09/2026**. Classes are scheduled to be conducted online from **15/09/2026** to **19/09/2026**. Offline classes will begin on **22/09/2026**.

Students are permitted to occupy the hostel from **20/09/2026** onwards.




Principal
Principal
Govt. Medical College
Palakkad

GMC Palakkad
Foundation course First Professional MBBS 2026 Batch

Day	Date	8-9am	9-10 am	10-11 am	11-12 noon	12-1pm	1-2pm	2-3pm	3-4pm
Day 1	15-09-26 Tuesday	welcome and introduction (institutional heads and HODs)(FC 1.5)	History of medicine ,alternate systems (Dr.Anish Krishna, Community Medicine)(FC 1.10)	Role of doctors in the society and their impact (Dr.Kiran, Medicine) (FC 1.1)	Role of Indian medical graduate (Dr.Anila, Microbiology) (FC 1.2)	Role of physician at various levels of health care delivery (Dr.Ganesh, Com Med)(FC 1.8)(3.3)	L U N C H B R E A K	SPORTS (FC.6)	
Day 2	16-09-26 Wednesday	Expectation of the students from nation society institutions, colleagues and peers (Dr.Reshma, OBG) (FC 1.3)	Rules and regulations of institution (Dr.Abymon, Forensic Medicine) (FC 1.4)	Overview of MBBS curriculam (Dr.Bindurani Dermatology) (FC 1.7)	Universal precaution (Microbiology) (FC 2.3, 2.4,2.5)	Biomedical waste seggregation (Microbiology) (FC 2.7)		significance and appropriate ways of time management (Dr.Jaya Mary, Physiology) (FC 4.9)	Immunization requirements of Health care workers (Dr.Divya, Com med) (FC 2.8)
Day 3	17-09-26 Thursday	National health goals and policies (Dr.shilu, Com Med) (FC 3.1)	National health scenario (Dr.vinu, Com Med) (FC 3.2)	Anti Ragging (Dr.Anila, Dentistry)	components of cultural competence (Dr.Alina, Com Med) (FC 4.6)	Needle stick injuries (Microbiology) (FC 2.6)		Professionalism and ethics- the concepts (Dr. Saumya Pharmacology) (FC 4.1)	consequences of unprofessional and unethical behaviour(Dr.Swapna, OBG) (FC 4.1)

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Day	Date	8-9am	9-10 am	10-11 am	11-12 noon	12-1pm		2-3pm	3-4pm
Day 4	18-09-26 (Friday)	Stress management and risk taking behaviour (Dr.Anjusha, Psychiatry) (FC 4.7)	Principles of family practice, holistic care, Family adoption concepts (Dr. Ganesh) (FC 1.9)	Different methods of learning (Dr. Vinay, Anatomy) (FC 4.12-15)		Honesty and respect during interaction with peers, seniors, faculty, other health care workers and patients (Dr.Dilip , Ortho) (FC 4.3)	L U N C H B R E A K	Alumnus talk – career pathways and personal growth (FC 1.6) Dr.Manoj Seval.Internal Medicine BVIMS Rajasthan	computer skills (DR. Murugan, Biochemistry) (FC 5.4)
Day 5	19-09-26 (Saturday)	Opportunities for personal growth-research (Dr. Divya, Asso. Prof. Community Medicine) (FC1.6)	Demonstrate ability to access online resources (Dr. Sandeep, Pharmacology) (FC 5.5)	Gender sensitivity ,ICC (Dr.Sreedevi, Com Med)	IT and AI (Dr. Kiran, physiology) (FC 5.4)	Disability competency definitions, medical and social models(Dr.Vineesh, Ortho) (FC4.5.1-2)		Disability etiquettes verbal and non-verbal empathetic communication with persons with disability (external faculty) Mr. Abdu Saleem TK, Rehabilitation officer, National career centre for disabled (FC 4.5.3-6)	
Day 6	22-09-26 Tuesday	Inauguration, orientation Meeting the faculty (FC 1.5)	visit to CHC -understanding structure, community health, interaction with patients and reflection (Comm. Med) (FC 3.3-6)			Extra Curricular Activities (ECA) (Anatomy) (FC.6)		Sports (Ortho) (FC.6)	
Day 7	23-09-26 Wed	Visit to first year departments (DR Jyothi, Dr.Anagha, Dr.Kiran)(FC1.5)		First aid (Dr. Hari Raj, surgery) (FC 2.2)		communication (Dr.Sreedevi, Community Medicine)(FC 5.1)		Substance abuse prevention (Excise department)(FC 4.7)	Visit to second year depts (Dr. Anshad, Dr.Ashique, Dr. Navneetha, Dr. Aiswarya) (Fc 1.5)

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	Date	8-9am	9-10 am	10-11 am	11-12 noon	12-1 pm		2-3pm	3-4pm
Day 8	24-09-26 Thursday	Medical humanities – altruism (External faculty. Dr.Lekha Sukumaran) (FC 4.2)	BLS (Anaesthesia) (FC 2.1)			Visit to hospital and support systems Dr.Sreejith, Dr.Gayathri, Dr.Poornima (FC 1.5)	L U N C H B R E A K	Interpersonal relationship workshop (Ms.Anitha Krrishnamurthy, ART)(FC 4.10)	Time management group work (Pathology) (FC 4.9)
Day 9	25-09-26 Friday	Communicate and learn in English (FC 5.3) (external faculty)	Universal precaution demonstration (Microbiology) (FC 2.3-2.5)	Workshop-Stress management and life skill (Dr.Sajal, Psychiatry) (FC 4.7)		Significance of working in a health care team (Dr. Hemlata, ENT) (FC 4.4)		Mentoring Dr.Nimmy (Psychiatry) (FC 4.11)	
Day 10	26-09-26 Saturday	Role of yoga and meditation in personal growth-group work (Dr. Saumya Ramdas Pharmacology) (FC 4.8)			Clinico-lab communication-Dr.Vishal HOD- Biochemistry (FC 5.1)	Computer skills Mr.Deepak Com Med (FC 5.4)		use of local language in patient and peer interaction (Dr.Deepthi, Medicine) (FC 5.2)	Documentation – significance and methods (Dr.Sreeram, Medicine) (FC 2.9)
Day 11	28-09-26 Monday	White coat ceremony (FC 4.2)		Advocate social inclusion by raising awareness of human rights of PwD(com.med) (FC 4.5.8)	Accessible health care setting for PwD (Dr.Ardra, Physiology) (FC 4.5.7)	ECA (Bio chemistry) (FC6)		Sports (Ortho) (FC.6)	
Day 12	29-09-26	ECA (Physiology) (FC 6)		Sports (Orthopedics) (FC.6)		Students Feed back (Com Med)			

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Colour code	Module (number)	Hours
	Orientation (1)	19
	Skill (2)	11
	Community orientation (3)	5
	professionalism and ethics (4)	25
	Language & computer skills (5)	8
	Sports and ECA (6)	12
Total		80

Place : Palakkad

Date : 07-09-2026

Dr. Diyaan T. N.
 Asso. Prof. Community Med
 Foundation course coordinator

Dr. SHIMPA .CS
 for First year coordinator

PROFESSOR & HOD
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 GOVT. MEDICAL COLLEGE
 PALAKKAD-676 013



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